

**SUPER PERSONAL  
TRAINING STATION  
JHSPTS**

◆ A dual weight stack cable machine that incorporates a smith machine in a compact frame to offer a well rounded workout experience. The front rail has scope for multiple attachments for various functional & compound movement exercises.

◆ **DIMENSION:**  
Length : 64 inches / 163 cms  
Width : 86 inches / 218 cms  
Height : 92 inches / 234 cms  
Equipment Weight : 308 kg

◆ **MUSCLE WORKED:**  
Full Body

